

## Avocado (*Persea americana*)

<b>Features</b>	: Fleshy fruit with oval shape, thick skin of green or black colour, depending on the variety. The flesh is oily, cream to yellowish-green in colour, with a single rounded, light brown seed.
<b>Benefits</b>	: High content in vegetable oils, vitamins E, A, B, fatty acids, proteins and minerals.
<b>Optimum temperature</b>	: 5.0°C - 13.0°C
<b>Relative humidity</b>	: 90%-95%
<b>Packaging</b>	: Bulk, carton 4,0 kg.
<b>Size</b>	: 8 - 18
<b>Origin</b>	: Peru
<b>Varieties</b>	: Hass and Zutano
<b>Availability</b>	: March through September
<b>Certifications</b>	: GlobalG.A.P. & GRASP (or equivalent social certification, <i>v.gr.</i> Smeta).

